

Appendix 9: Teaching Learning Scheme
Three Years Six Semesters Programme : Bachelor of Physical Education and Science (BPE&S) with Major:.....and Minor(NEP)
Faculty: Interdisciplinary Year-First Semester-I (Level 4.5)

Sr. No.	Vertical No.	NEP Vertical Type	Course Code	Course	Teaching Scheme Hours			Learning		Teaching Work Load Hours
					L	T	P	Total Hour	Credit offered	
**INDUCTION PROGRAMME BEFORE THE START OF CLASSES AS PER GUIDELINES OF THE UNIVERSITY										
1	(a & b)	Major and Minor (Theory)	822200	DSC I (T): Foundation of Physical Education	2	---	----	2	2	2
			822201	DSC II (T): Sports Field Measurement & Marking	2	---	----	2	2	2
			822202	DSCIII (T) :Basics of Human Anatomy	2		----	2	2	2
2*	(a & b)	Major & Minor (Practical/Laboratories)	822203	DSC I (P) : Formal Activities	---	---	2	2	1	2xNo.of batches
			822204	DSC II (P) : Practical on Track & Field Marking	---	---	2	2	1	2xNo.of batches
			822205	DSC III (P) : Practical Anatomy	----	---	2	2	1	2xNo.of batches
3	e	i. AEC	822206	English Language	2	-	-	2	2	2
			822207	Second Language/MIL: Hindi/ Marathi/ Urdu	2	-	-	2	2	2
4	e	ii. AEC	822208	Generic IKS	1	-	-	1	1	1
5	d	Vocational and Skill Enhancement Courses(VSEC)	822209	i. (SEC) Life Skills Communication Skills in English.	-	---	2	2	1	2xNo.of batches
			822210	ii. Communication Skills in Second Language/ MIL: Hindi/ Marathi/ Urdu	-	-	2	2	1	2xNo.of batches
6 ***	c	Generic/Open Elective (OE)	-	OE1: Students Have to choose from the basket Provided by different Faculty / same faculty/ MOOCs	2	-	----	2	2	2
			-	OE2: Students Have to choose from the basket Provided by different Faculty / same faculty/ MOOCs	2	-	-	2	2	2
7	f	Co-Curricular Courses	--	Fostering Social Responsibility and Community Engagement (NSS/UBA/NCC)	1	---	----	1	1	1
			--	Field Work-Fostering Social Responsibility And Community Engagement (NSS/UBA/NCC)	...	---	2	2	1	2 (One Batch)
				TOTAL				28+Induction Programme,	22	
								Assessment hrs. =33 to 35		

L: Lecture, T: Tutorial, P: Practical/Practicum

Total Credits offered: 22(Max), Total credits to be earned: 20 (Min)

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Discipline Specific Core: DSC, Discipline Specific Elective: DSE, Modern Indian Language : MIL, Indian Knowledge System : IKS, Inter Faculty Specific Core: IFSC, Inter Faculty Specific Elective: IFSE, Theory :Th, Practical/Practicum: Pr, Environment Studies: ES, Pre-requisite Course mandatory if applicable: Prq, Laboratory: Lab, Generic/Open Elective Courses: OE; Vocational Skill and Skill Enhancement Courses: VSEC; Vocational Skill Courses: VSC; Skill Enhancement Courses: SEC; Ability Enhancement Courses: AEC; Value Education Courses: VEC; OJT: On Job Training: Internship/ Apprenticeship; Field projects: FP; Community engagement and service: CES; Co-curricular Courses: CC; RM: Research Methodology; Research Project: RP

Note : **Co-curricular Courses** : In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/Winter School/Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, yoga, sports, cultural, etc. These activities can be completed cumulatively during **Semester III, IV, V and VI. Its credits and grades will be reflected in semester VI credit grade report.**

Elective Courses : Courses to be selected from the Basket of Courses provided by the University.

*If the Department Specific Courses do not have practical/practicum/laboratories, the learning hours & Credits shall be used for the respective Theory Courses.

**Completion Certificate of Induction Programme should be submitted by each student.

***O.E.- OE is to be chosen compulsorily from faculty other than that of the Major

- For those students who do not opt MARATHI language under any vertical, MARATHI will be mandatory as one of the options of OE/. (G.R. Marathi Bhasha No. 2018/pr.kr.50/bhasha-1, Date: 14 March, 2024).

Teaching Days and Learning Hours	Learning Hours & Credits	Teaching Hours & Work Load
Minimum No. of teaching days = 90 Minimum Learning weeks per Semester= 17 (Minimum Learning Hours per Semester (NCrF)= 600) Minimum Learning Hours per week (NCrF)= 600/18 or 600/17 =33 to35	<i>For Theory/Tutorial-1Hour= 1 Credit</i> For Practical- 2 Hours=1 Credit	ForTheory–1 Hour= 1 Hour Work Load For Tutorial - 1 Hour = 1 x No. of batches work load and practical 2 Hour=2xNo.of batches work load

Note:

- The strength of the batch of the Practical for UG Classes shall be 16 with an addition of 10% with the permission of Hon’ble Vice Chancellor. However, for Music Discipline the batch size shall be of 7 students. The number of the students required to constitute a batch or calculate the workload shall be in accordance with the relevant Government Resolution in force at the time, applicable to specific time, region, course type, mode of instruction, and other pertinent factors.

Three Years Six Semesters Programme: Bachelor of Physical Education and Science (BPE &S) with Major:.....and Minor (NEP)

Faculty: Interdisciplinary Year-First

Semester-II (Level 4.5)

Sr. No.	Vertical	NEP Vertical Type	Course Code	Course	Teaching Scheme Hours			Learning		Teaching Work Load Hrs.		
					L	T	P	Total Hours	Credit offered			
1	(a &b)	Major and Minor (Theory)	822212	DSC I (T) Professional Preparation In Physical Education	2	--	----	2	2	2	Lecture, Tutorial and Credit+1 if Practical are not Prescribed.	
			822213	DSC II (T) ICT in Physical Education	2	--	----	2	2			2
			822214	DSCIII(T) Basics of Sports Training	2	--	----	2	2			2
2*	(a &b)	Major/ Minor (Practical/Laboratories)	822215	DSC I (P) Aerobics and Dance	--	--	2	2	1	2xNo.of batches		
			822216	DSC II (P) ICT Practical	-	--	2	2	1	2xNo.of batches		
			822217	DSCIII(P) Application of First Aid	--	--	2	2	1	2xNo.of batches		
3.	e	i. A.E.C.	822218	Language(English)	2	--	----	2	2	2		
			822219	Second Language/MIL: Hindi/ Marathi/ Urdu	2	--	----	2	2	2		
4	e	ii. A.E.C.	822220	Generic IKS	1	-	-	1	1	1		
5.	d	Vocational and Skill Enhancement Course (VSEC)	822221	i. SEC Life skills–II Professional Skills (Career Skills and Team Skills-I)–English Resume Skills, Interview Skills, Group Discussion Skills, Presentation Skills (UGC-jivan koushalya 2.0)	-	-	2	2	1	2xNo.of batches		
			822222	ii. Career Skills and Team Skills-II-Second Language / MIL Exploring Career Opportunities Skills, Trust and Collaboration ,Listening as a Team Skill, Brainstorming, Social and Cultural Etiquettes, Internal Communication	-	-	2	2	1	2xNoof batches		
6.	c	Generic/Open Elective		OE3 : Students Have to choose from the basket Provided by different Faculty / same faculty/ MOOCs	2	--	----	2	2			
			***	(OE)		OE4: Students Have to choose from the basket Provided by different Faculty / same faculty/ MOOCs	2	--	----	2	2	

Sr. No.	Vertical	NEP Vertical Type	Course Code	Course	Teaching Scheme Hours			Learning		Teaching Work Load Hrs.
					L	T	P	Total Hours	Credit offered	
7	f	Co-Curricular Courses		Course on Yoga Education/Fitness, Health and wellness/ sports/cultural activities/ fine/applied /visual/performing arts	1	--	1	1	1
				Activities/Practical on Yoga Education/Fitness, Health and wellness/ sports/cultural activities/fine/applied/visual/performing arts	--	--	2	2	1	2(One Batch)
				TOTAL				28 + assessment+ Report writing hrs = 33 to 35	22	

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Total Credits offered : 22(Max), Total credits to be earned : 20(Min)

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Year	Level	Semesters	Offered Credits	Minimum credits to be earned	If opted for exit
First	4.5	First and Second	44	40	Additional Minimum 4 credits skill course or internship of minimum 120 hrs in chosen discipline of Major and Minor courses. UG Certificate will be awarded in a discipline of internship/skill courses of 4 credits

Exit Option: After earning minimum 40 Credits from Semester I and II cumulatively, if the student prefers to opt for Exit Option,

UG Certificate shall be awarded in **any one of the DSC as Major** in which Additional 4 Credits are earned from the concerned DSC related NSQF aligned course/Internship/Apprenticeship/Field Project OR student may opt to continue further with Major and Minor.

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